



CAC SENIOR NUTRITION PROGRAM

April 2025

Name: _____

Mon.	Tues.	Wed.	Thurs.	Fri.
1	2	3	4	5
	Meatloaf (Barley lentil soup) Mashed Potatoes Green Peas Peaches Roll	BBQ Chicken (Veggie Patty) Broccoli Carrots Applesauce Roll	Teriyaki Pineapple Pork w/rice & Carrots (Vegetable Creole) Sesame Green beans Squash Casserole Roll	Chicken Caesar Salad (Egg Salad w/Tomato Half) Three Bean Salad Peaches Crackers
7	8	9	10	11
Spanish rice (Beef) (Vegetable pasta marinara) Carrots Broccoli Applesauce Garlic Knot	Sausage egg burrito w/ cheese (Omelet w/ cheese) Breakfast Potatoes Baked apples Fruit juice	Chicken Parmesan (Vegetarian Cottage Pie) Green beans Beet, Carrot, & Broccoli Salad Baked Pineapple Roll	Penne Pasta w/ Meat Tomato Sauce (Mushroom Stroganoff) Butternut Squash Corn Peaches Roll	Tuna salad on bed of lettuce (Pimento cheese on bed of lettuce) Italian tomato salad Pears w/blueberries Bun
14	15	16	17	18
Chicken stir fry w/ vegetables (Macaroni and cheese) Broccoli Pineapple cherry crisp Roll	Fish w/ Tartar Sauce (Squash Casserole) Spinach Succotash Fruit Juice Roll	Hot Dog w/ Chili (Tomato Pie w/Roll) Green Beans Coleslaw Apple Crisp Bun	Apple Glazed Chicken (Red Beans and Rice) Sweet Potatoes California Blend *Holiday Dessert Roll	*Holiday! No Meals Served* 
21	22	23	24	25
Pizza Burger (Vegetarian Chili w/ Crackers) Seasoned Potatoes Mixed Vegetables Fruit Juice Bun	Red Beans & Rice w/ Sausage (Alfredo vegetable pasta/ Roll) Green Beans Baked Pears Blueberry Crisp Roll	Chicken Casserole (Spinach Pie) Peas Carrots Fruit Cup Roll	Salmon Patty w/ Tartar Sauce (Rigatoni w/ ricotta & mushrooms, peppers) Squash Broccoli Fresh Fruit Roll	Chef Salad with Ham, Egg, and Cheese (Vegetable Bean Salad) Cucumber Tomato Salad Tropical Fruit Crackers
28	29	30		
Beef Burrito (Santa Fe Couscous) Mexican Corn Broccoli Fruit Juice Corn chips	BBQ Pork w/ Bun (California Casserole w/ Roll) Mixed Vegetables Maple Baked Beans Fresh Fruit	Salisbury Steak w/ Mushroom Gravy and Pepper & Onions (Broccoli, rice, cheese casserole) Whipped potatoes Pineapple cherry crisp Roll		

IMPORTANT INFORMATION

(Alternative Mobile Meal)

All meals served with a ½ pint of milk

*Diet Dessert

Please call Mobile Meals Office to change your entrée.

TO MICROWAVE: Cut holes in plastic and keep meal covered. Heat for 1-2 minutes, stir, and turn meal. Heat for 1 more minute if meal is still cold.

If you receive your meal cold, follow same process, but heat 3-5 minutes with an additional minute if still cold.

Please call Mobile Meals (preferably the day before) if you will not be home for your meal

(865) 524-2786