

O'Connor Senior Center June 2025

Mon.	Tues.	Wed.	Thurs.	Fri.
2	3	4	5	6
BBQ Chicken Creamed Spinach Corn Applesauce Roll	Fish w/ Tartar Sauce Mashed Potatoes Broccoli Fruit Juice Roll	Spanish rice (Beef) Carrots Peas Fresh Fruit Garlic Knot	Macaroni & Cheese Okra & Tomatoes Asparagus Fruit cup Roll	Chicken Caesar Salad (Egg Salad w/Tomato Half) Three Bean Salad Peaches Crackers
9	10	11	12	13
Beef Burrito w/ cheesy salsa Mexican Corn Spinach Fruit Juice Corn chips	Chicken stir fry w/ vegetables Black Beans Pineapple cherry crisp Roll	Pasta w/ Meat Sauce Butternut Squash Broccoli Applesauce Roll	Chicken Casserole Brussel Sprouts Baked Peaches Roll	Tuna salad on bed of lettuce Italian tomato salad Pears w/blueberries Bun
16	17	18	19	20
BBQ Riblet Green Beans Maple Baked Beans Fresh Fruit Bun	Red Beans & Rice w/ Sausage, Onions & Peppers Broccoli Baked Pears Blueberry Crisp Roll	Greek Pasta Salad w/ Chicken Carrot Kale Salad Watermelon Cup Crackers	*Holiday! No Meals Served* JUNETEENTH Celebrate Freedom JUNE 19	Hot Dog w/ Chili Mixed Vegetables Coleslaw Apple Crisp Bun
23	24	25	26	27
Hamburger Seasoned Potatoes Mixed Vegetables Fruit Cup Bun	Pancake w/ sausage & eggs Breakfast Potatoes Baked apples Fruit juice	Chicken Parmesan Corn Beet, Carrot, & Broccoli Salad Baked Pineapple Roll	White Beans and Ham Mustard Greens Baked Peaches Cornbread	Chef Salad with Ham, Egg, and Cheese Cucumber Tomato Salad Tropical Fruit Crackers
30			-	
Salmon Patty w/ Roasted Corn Relish Squash Casserole Asparagus Fresh Fruit Roll	Father's Day!			o une

Dine-a-mite Diner, Lunch 11:00 AM – 1:00 PM

Meals includes a carton of 1% Milk