



Donate a holiday gift bag (or bags) to brighten Christmas morning for homebound seniors

Each year the community provides gift bags to be delivered to Mobile Meals recipients on **Christmas Day**. Often these gifts are the only ones these seniors will get. Although the items are not of great value, they are priceless to those who receive them, along with a hot meal. You can participate by donating &/or volunteering.

Gifts: Fill a medium size gift bag/s (approx. 13" x 11") for each client gift donation you wish to make.

Volunteer: Shifts are available Mon Dec. 17—Thurs Dec. 20 to help sort and organize gifts. Extra help delivering meals during the holiday season is also needed. Contact shelly.woodrick@knoxseniors.org or call (865) 524-2786. Below are details for gift ideas and drop off locations and times.

Gift drop dates: Wednesday November 28 — Wednesday December 12

Guidelines:

Bring only new items—use the suggested gift selection category guide below to help balance your gift.

Bring gifts:

- In medium sized gift bags, unwrapped

Mark gift bags:

- Male, Female, or Either

Do not include:

- Food items; Candles; Glass items; Clothing (sizes are uncertain)
- Lotions, shampoo, body wash, etc. should be no more than 8 oz. bottles (large bottles can be difficult to lift)

Gift drop locations:

- **CAC Mobile Meals**—2247 Western Avenue, —Monday—Friday 8:30 am—4:30 pm
- **Grayson Subaru**—8729 Kingston Pike, M-F 9am 7pm and Saturday 9 am-5pm

SUGGESTED GIFT SELECTIONS: Select one—three items from each category per gift bag

| <u>Utility Category</u> | <u>Personal Care Category</u> | <u>Grooming Category</u> | <u>Home & Kitchen</u> |
|---|---|--|---|
| <ul style="list-style-type: none">• Magnifying glass• Large pens• Stationery/ stamps• Small note pads• Large print: books, cross-words, etc.• Clocks (large numbers)• Flashlight/batteries• Night light• Pill boxes | <ul style="list-style-type: none">• Lip balm• Bars of Soap• SMALL (8 oz. or less)• Lotions• Body Wash• Shampoo/Conditioner• Powder• Hand sanitizer• Shave gel | <ul style="list-style-type: none">• Combs• Hairbrushes• Toothbrushes• Toothpaste• Nail clippers/files <p><u>Comfort Category</u></p> <ul style="list-style-type: none">• Throws (lap robes)• Socks (non-skid)• Scarves• Gloves• Hats• Small umbrellas | <ul style="list-style-type: none">• Hand towels• Wash cloths• Dish towels• Dish liquid• Sponges• Plug in air freshener (refills)• Solid air freshener• Refrigerator magnets• EZ open jar opener• Can opener / soft grip• Jar gripper pads |

Note: General holiday themed items are welcome, but please refrain from highlighting specific religious beliefs.

If dropping off gift bags, please complete and include with your donation:

NAME: _____

ADDRESS: _____

PHONE: _____ **EMAIL:** _____ **# of bags** _____