Aging: A Family Affair  
Thursday, November 7, 2019  
8:00 a.m. - 3:45 p.m.  
(please print)

Name ________________________________
Address______________________________
_________________________  ________
ZIP _________ Phone ________________
Email _________________________________

Check special needs:
☐ Interpreter  ☐ Sighted guide  
☐ Large print  ☐ Other ______

Check one each session:
10:15 - 11:30  ☐ Legal Unknown  
☐ Aging Well  ☐ Embracing Technology
12:30 - 1:45  ☐ Medicare/Soc. Security  
☐ Managing Arthritis  ☐ Genetic Testing
2:00 - 3:15  ☐ Parkinson’s  ☐ Sound & Silence

Cost:  Pay by Friday, Oct. 25:  $25  
Pay after Friday, Oct. 25:  $30
Make checks payable to  
Knoxville-Knox County Office on Aging
Mail to: Office on Aging  
P.O. Box 51650  
Knoxville TN 37950-1650

Information:  
For more information, call the Office on Aging at 524-2786.

Registration:  
Your registration fee includes your admission to:
☐ Continental breakfast  
☐ Keynote session  
☐ Your choice of workshops (choose 3)  
☐ Lunch  
☐ It also includes any handouts used in the workshops you attend.

Register by Friday, Oct. 25, for discount  
Early Bird (by Oct. 25)………………….$25  
After Oct. 25 (prepay or at door)……….$30

How to Register by Mail or Online  
☐ Fill out and mail in the form from this brochure with your payment,  
☐ Fill out online form and pay by credit/debit card at www.knoxseniors.org/afa.shtml

Parking & Transportation:  
☐ Free parking is abundant at Rothchild.  
☐ If you need assistance with transportation to attend Aging: A Family Affair, please call the CAC Office on Aging at (865) 524-2786, as far in advance of the event as possible.

Directions:  
Rothchild Catering & Conference Center is located on Kingston Pike on the right as you drive west from Walker Springs Road. The conference center is at the back of Baron’s Place Shopping Center. For a map and detailed directions, call Rothchild at (865) 690-0103 or go to the company’s website at www.rothchildknoxville.com.
8:00-9:00    Registration, Exhibits & Continental Breakfast
9:00-10:00  Peggy Wirtz Keynote Address
            In memory of Peggy Wirtz, the originator and longtime coordinator of Aging: A Family Affair.
            Growing Older in Knox County: A Mayor’s Reflections
            Glenn Jacobs, Mayor of Knox County, Tennessee

10:15-11:30  First Workshop Session (choose one)
1.  How to Plan for the Legal Unknown
    Amelia Crotwell, Certified Elder Law Attorney, Elder Law of East Tennessee
2.  Dimensions of Aging Well
    Clayton Bell, MD, UT Internal Medicine & Integrative Health
3.  Embracing Technology
    Jennifer Dancu, Owner, Social Media 4 Seniors

11:30-12:30  Lunch & Exhibits

12:30-1:45  Second Workshop Session (choose one)
4.  Medicare and Social Security Update
    Jerold Johnson, CEO, Senior Financial Group and Tom Blevins, District Manager, Social Security Administration
5.  Managing Your Arthritis
    Jeffry D. Bieber, MD, Rheumatologist, UT Rheumatology
6.  Genetic Tests: It’s All in the Genes!
    Royce T. (Terry) Adkins, MD, Sr. Vice President Medical Affairs, Myriad Women’s Health

2:00-3:15  Third Workshop Session (choose one)
7.  Parkinson’s and Movement Disorders: What You Need to Know
    Michelle Brewer, MD, Neurologist, University Neurology Cole Neuroscience Center
    Jan Coe, Owner, Whole Notes Harmony and Pam Wright, Owner, Heart Energy Rising

3:20-3:45  Closing Session & Distribution of Door Prizes
           Closing remarks; door prizes from exhibitors’ fair will be awarded to those in attendance (must be present to win)

Free health screenings will take place in the Sunset Room throughout the day.