CUT OFF AND SEND IN WITH REGISTRATION FEE

Aging: A Family Affair 2017
Thursday, November 9, 2017
8:00 a.m. - 3:45 p.m.
(please print)

Name _________________________________
Address ___________________________________________________________________________
ZIP Code_________ Phone _________________
Email _________________________________

Check special needs:
☐ Interpreter ☐ Sighted guide
☐ Large print ☐ Other ________

Check one each session:
10:15 - 11:30 ☐ Affording Aging
☐ Vascular/Diabetes
☐ Tech for Active Aging

12:30 - 1:45 ☐ Pelvic Health
☐ Medicare/Social Security
☐ Savvy Savings

2:00 - 3:15 ☐ Food as Medicine
☐ Staying or Moving?

Cost:
Pay by Friday Oct. 27: $25
Pay after Friday Oct. 27: $30

Make checks payable to the
Knoxville-Knox County Office on Aging
Mail To: Office on Aging
P.O. Box 51650
Knoxville TN 37950-1650
www.knoxseniors.org/AFA

Information:
For more information, call the Office on Aging at 524-2786.

Registration:
Your registration fee includes your admission to
☐ Continental breakfast,
☐ Keynote session,
☐ Your choice of workshops (choose 3),
☐ Lunch.
☐ It also includes any handouts used in the workshops you attend.

Register by Friday, Oct. 27, for discount
Early Bird (by Oct. 27).........................$25
After Oct. 27 (prepay or at door)...........$30

How to Register by Mail or Online
☐ Fill out and mail in the form from this brochure with your payment,
☐ Fill out online form and pay by credit/debit card at www.knoxseniors.org/afa.shtml

Parking & Transportation:
☐ Free parking is abundant at Rothchild’s.
☐ If you need assistance with transportation to attend Aging: A Family Affair, please call the CAC Office on Aging at (865) 524-2786, as far in advance of the event as possible.

Directions:
Rothchild Catering & Conference Center is located on Kingston Pike on the right as you drive west from Walker Springs Road. The conference center is at the back of Baron’s Place shopping center. For a map and more detailed directions, call Rothchild’s at (865) 690-0103 or go to the company’s web site at www.rothchildknoxville.com.
A Family Affair 2017

Practical Information Related to Aging

Thursday, November 9, 2017
8:00 a.m. - 3:45 p.m.
Rothchild Conference Center
8807 Kingston Pike
Knoxville TN 37923

► Continental Breakfast: Come early to enjoy a light breakfast.

► Lunch: Sandwich fixings (a variety of deli meats and cheeses), salads, desserts, and drinks provided.

► Exhibitors’ Fair, all day: Please visit our exhibitors’ tables during breaks and after lunch for valuable information for seniors, family members, caregivers, and professionals.

8:00-9:00 Registration, Exhibits & Continental Breakfast

9:00-10:00 Peggy Wirtz Keynote Address
In memory of Peggy Wirtz, originator and longtime coordinator of Aging: A Family Affair.

How to Keep a Healthy Brain as You Age & What to do if You Don’t
Roberto Fernandez, MD, Medical Director, Pat Summitt Clinic, Knoxville, TN

10:15-11:30 First Workshop Session (choose one)
1. Affording Aging: How Do We Pay?
Glen Kyle, Attorney, Monica Franklin & Associates

2. Vascular Health & Diabetes Effects, PAD & PVD
Michael McNally, MD & Ryan Buckley, MD, University Vascular Surgeons

3. Technology for Active Aging
Jennifer Dancu, Owner, Social Media 4 Seniors

11:30-12:30 Lunch & Exhibits

12:30-1:45 Second Workshop Session (choose one)

4. Improving Outcomes in Pelvic Health - What You Always Wanted to Know, but were Afraid to Ask.
Michael Polin, MD, Robert Elder, MD, Rebecca Lavelle, MD, Bryce Bowling, MD, & Andrew Russ, MD, University Medical Center Pelvic Health Team

5. 2017 Update on Medicare & Social Security
Jerold Johnson, President, Senior Financial Group

6. Savvy Savings for Seniors
Gabrielle Blake, LCSW, Outpatient Therapist at Peninsula Behavioral Health, A Division of Covenant Health

2:00-3:15 Third Workshop Session (choose one)

7. Food as Medicine: A Foundation for Health
Clayton Bell, MD, UT Internal Medicine & Integrated Health

8. Staying or Moving? Planning for Transitions
Sandy Bell, LCSW, Director, Community Physician Education, Quality Home Health and Betsy Peterson, Certified Relocation and Transition Specialist, Space and Time LLC

3:20-3:45 Closing Session & Distribution of Door Prizes
Closing remarks; door prizes from exhibitors’ fair will be awarded to those in attendance (must be present to win)

Free Screenings will take place in the Grand Ballroom throughout the day.