



O'CONNOR SENIOR CENTER MENU
July 2015

Mon.	Tues.	Wed.	Thurs.	Fri.
	<p>Meals are served in the Dine-A-Mite Diner Between 11 a.m.-12:30 p.m. or until all food has been served</p>	<p>1 Italian pasta w/ meatballs Broccoli Corn Cheese bread Fruit juice</p>	<p>2 BBQ chicken Baked beans Cherry apple crisp Coleslaw Wheat roll</p>	<p>3</p> <p>Holiday No Meals Served</p> 
<p>6 Sloppy joe on bun Mixed vegetables Parmesan potatoes Pears w/ blueberries</p>	<p>7 Glazed pork loin Squash casserole Green peas Onion roll Applesauce</p>	<p>8 Chicken parmesan California blend Lima beans Multigrain roll Fresh fruit of day</p>	<p>9 Fish patty (tartar sauce) Scalloped potatoes Green beans Wheat bun Cucumber tomato salad</p>	<p>10 Chicken Caesar salad w/ vegetables Italian tomato salad Fruit cup Banana bread</p>
<p>13 Ranch chicken Green beans Carrots Multigrain roll Fresh fruit of day</p>	<p>14 Turkey noodle casserole w/ broccoli Zucchini, onion, and squash Multigrain roll Baked peaches</p>	<p>15 BBQ pork Green beans Creamed corn Roll/Watermelon</p>	<p>16 Hamburger w/ lettuce and pickle Potato casserole Mixed vegetables Ambrosia</p>	<p>17 Tuna salad w/ tomato half Broccoli salad Wheat bun Fruit cup</p>
<p>20 Swiss steak Whipped potatoes Peas and carrots Multigrain roll Fresh fruit</p>	<p>21 Mexican chili macaroni Seasoned corn California blend Roll Fruit juice</p>	<p>22 Chicken and rice casserole Broccoli Sweet potatoes Multigrain roll Fruit cup</p>	<p>23 Hot dog w/ chili Herb potatoes Coleslaw Bun Baked apples</p>	<p>24 Ranch chef salad w/ turkey, ham vegetables, cucumber, tomato and dressing Crackers Fruit cup</p>
<p>27 Chicken patty on bun Green beans Seasoned carrots Pineapple cup</p>	<p>28 Macaroni and cheese Brussel sprouts Stewed tomatoes Roll Fresh fruit</p>	<p>29 Chopped sirloin Mashed potatoes Peas and carrots Onion roll Peach crisp</p>	<p>30 Pinto beans w/ ham Macaroni and tomatoes Turnip greens Cornbread Congealed salad w/ fruit</p>	<p>31 Chicken pasta salad w/ vegetables Cucumber salad Zucchini bread Fruit cup</p>

Please Note: Meal service begins in the Diner at **11:00 a.m.** and continues until all the food is served,
or until **12:30 p.m.**, whichever comes first.

